

Special Events



Letters to Santa

Receive a genuine letter from Santa Claus himself! Drop your child's personal letter in the North Pole Mailbox in the Parks & Recreation Office, or mail it to Santa, Attn:

Parks & Recreation Department at P.O. Box 5106. Your child's letter must include a self addressed stamped envelope. Santa himself will mail a personalized letter back in time for Christmas. In order for a timely response, letters will be accepted December 1 – 16.



Christmas Ornaments Workshop

Children in grades 1 - 4 will make a variety of Christmas ornaments.

Day: Saturday Date: 12/19
Place: Senior Center, 559B Federal Road
Fee: \$15.00 Time: 2:00 - 3:15 p.m.
Instructor: Cathy Westervelt

Tots Holiday Workshop

Children ages 3 - 5 will create a holiday masterpiece using a variety of materials. Parents are encouraged to stay.

Day: Saturday Date: 12/19
Time: 12:30 - 1:30 p.m.
Place: Senior Center, 559B Federal Road
Fee: \$15.00 Instructor: Cathy Westervelt



Afternoon of Ice Skating at Danbury Ice Arena

Join us and your friends and neighbors for an afternoon of ice-skating at the Danbury Ice Arena! We've rented out one of the rinks from 2:10 – 3:40 p.m. for an afternoon of fun! Skate rentals are included or you can bring your own. We encourage you to bring bike helmets from home. (We're told that bike helmets work great for ice-skating, too!) Light refreshments will be served. There is no charge for this event, but you must pre-register, as we can only accommodate up to 250 people. Please plan to arrive at the Ice Arena by 2:00 p.m. to make sure that you get your skates laced up, and can enjoy your full time on the ice!

Day: Sunday Time: 2:10 – 3:40 p.m.
Date: 1/31 Place: Danbury Ice Arena
Fee: Free

Tom O'Brien's Magic Show

Looking for a fun way to spend some time with your children on a day off from school? Join us for a Comedy Magic Show by Tom O'Brien. Tom has delighted children at our summer camp program, and is also the instructor of our ever-popular magic workshops. This performance is age appropriate for children 3 – 10, and will be held in the auditorium of Brookfield High School, 10:00 – 10:45 a.m. There is no charge, but pre-registration is requested by calling the Parks & Recreation Office at 775-7310.

Day: Thursday Time: 10:00 a.m.
Date: 2/11 Place: BHS Auditorium
Fee: Free

Special Events, continued



The Wizard's School of Magic

Students in grades 1 – 4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a

master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform the tricks at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each
Abracadabra - Magic Workshop 1:
Wednesday, 1/20, 4:00 – 5:00 p.m. HHES Music Rm.
Hocus Pocus – Magic Workshop 2:
Wednesday 2/17, 4:00 – 5:00 p.m. HHES Music Rm.
Presto – Magic Workshop 3:
Wednesday 3/17, 4:00 – 5:00 p.m. HHES Music Rm.
Alakazaam – Magic Workshop 4:
Wednesday, 4/14, 4:00 – 5:00 p.m. HHES Music Rm



14th Annual Egg Hunt

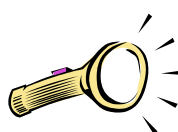
Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, March 27. Additional features include a jellybean counting contest, and a special appearance by the Easter Bunny. Bags will be provided for egg collecting. Call the Parks & Rec. Office to pre-register. Cost is \$1.00 per child. Pay on the day of the hunt in the lobby of Town Hall. Rain date is Sunday, March 28.

Age Divisions:

Under 3 at 12:00 p.m.
3- 4 year olds at 12:15 p.m.
5 - 6 year olds at 12:30 p.m.
7 - 8 year olds at 12:45 p.m.

Day: Saturday Time: See above
Date: 3/27 Fee: \$1.00

11th Annual Flashlight Egg Hunt



Just for students in grades 3 – 5! The hunt will be held on the grounds of Town Hall at 8:00 p.m. sharp, and will last approximately 20 minutes. All participants must bring their own flashlights. Bags will be provided for collecting. Call the Parks & Recreation Office to pre-register. Cost is \$1.00 per student. Pay on the evening of the hunt in front of the Town Hall.

Day: Friday Time: 8:00 p.m.
Date: 3/26 Fee: \$1.00

Easter Crafts Workshop

Children ages 3 - 5 and in grades 1 - 4 will create an excellent craft for Easter. The class will meet in the temporary location of the Senior Center, 559B Federal Road.

Day: Saturday Date: 3/27
Tots: 1:30 – 2:30 p.m. Grades 1- 4: 3:00 – 4:15 p.m.
Place: Senior Center Fee: \$15.00
Instructor: Cathy Westervelt

Get out of Town

New ~ North Carolina v. UConn Women



We'll be leaving from Brookfield Town Hall at 1:00 p.m. for a 4:00 p.m. game at Gampel Pavilion on the Storrs Campus. Return to Brookfield at the game's conclusion. Fee of \$49.00 includes ticket and coach bus

transportation. The Co-op is open before the game, and is located almost directly across the street from Gampel, so you can stock up on your Husky wear, too.

Day: Saturday

Date: 1/9

Time: 1:00 p.m. departure

Fee: \$49.00

New ~ Boston Museum of Science Harry Potter Exhibit

This temporary exhibit will feature more than 200 authentic props and costumes from the Harry Potter films, all displayed in settings inspired by the film sets—including the Great Hall and the Gryffindor common room. View iconic film artifacts such as Harry's glasses and the Marauder's Map. Fee includes timed admission to this exhibit, general exhibit hall admission, coach bus transportation and driver gratuity. Lunch is on your own at the Museum. Leave Brookfield at 8:00 a.m. Leave Museum of Science at 4:30 p.m. Outside food or beverages are not allowed into the Museum, however, you may bring whatever you'd like for the bus ride there and back.

Day: Monday

Date: 1/18

Time: 8:00 a.m. departure

Fee: \$69.00 - Adult (age 12 and over)

\$66.00 - Child (age 3 - 11)



NYC on Your Own

Take some time to enjoy NYC in the spring; see a play, visit a museum,

or go shopping! Leave from Brookfield Town Hall at 9:00 a.m., and then you decide how to spend the day. Drop off points include TKTS booth at Time Square (where you can purchase discounted tickets for same day matinee performances on Broadway and off-Broadway), the Metropolitan Museum of Art and Rockefeller Center. Leave NYC at 6:00 p.m. from Rockefeller Center. Fee of \$38.00 includes the cost of a seat on our deluxe coach bus and driver gratuity.

Day: Wednesday

Date: 4/21

Time: 9:00 a.m. departure

Fee: \$38.00

Block Island for the Day

Come and enjoy a ferry ride from Point Judith, RI to Block Island for a fun-filled day. Go biking, shopping, visit the Clay Head cliffs, relax on the beach, or just sit and watch the yachts maneuver their way through the harbor. Fee includes coach bus transportation, driver gratuity, ferry, bus tour of the island and tour director. Lunch is on your own.

We are planning the trip for a Saturday in June.

Unfortunately 2010 pricing and availability was not available when we went to print. Please email

dkorb@brookfield.org or call 775-7310 and ask to be put on a list to receive updated information when it becomes available in January.

Adult Education

W.E.R.A.C.E. - Western Connecticut Regional Adult and Continuing Education Danbury Community Resource Center 797-4731 Mandated Programs

Classes in Basic Reading, Math, and Writing; English for Speakers of Other Languages (ESL), Citizenship, GED (General Educational Development), and CDP (Adult High School Credit Diploma Program)

Microsoft Word 2000 Level 1

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Monday

Time: 6:30 - 8:00 p.m.

Dates: 1/18 - 1/25 (2 wks)

Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B



Microsoft Word 2000 Level 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers and footers, import graphics and pre created text, create and format tables and more. A working

knowledge of MS Word is required. A course manual and disk are included.

Day: Monday

Time: 6:30 - 8:00 p.m.

Dates: 2/1 - 2/15 (3 wks)

Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B

Microsoft Excel 2000- Level 1

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

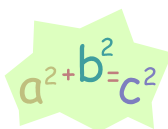
Day: Tuesday

Time: 6:30 - 8:00 p.m.

Dates: 1/19 - 1/26 (2 wks)

Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B



Microsoft Excel 2000 - Level 2

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify

objects, link worksheets with 3-D references, use excel on the web, and use and customize templates. A course manual and disk are included.

Day: Tuesday

Time: 6:30 - 8:00 p.m.

Dates: 2/2 - 2/16 (3 wks)

Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B



Microsoft Excel 2000 - Level 3

Participants will master the following skills in this course: working with records and ranges; sorting, outlining and filtering lists; importing and exporting data; using pivot tables and pivot charts; using data analysis tools; protecting and

sharing workbooks; managing workbooks with comments; data validation; and merging/linking workbooks. A course manual and disk are included.

Day: Tuesday

Time: 6:30 - 8:00 p.m.

Dates: 2/23 - 3/9 (3 wks)

Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B

Microsoft Access 2000 – Level 1

This course will center on learning the basic features of Access. We will create a database complete with tables, forms, queries, and reports. We will also use features such as wizards and design view to help us create different database objects. A course manual and disk are included.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 1/21 – 2/4 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft Access 2000– Level 2**

For those who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design

view, using multiple data types, using the office clipboard, binding data and controls, creating multiple table queries, creating calculated fields, adding controls to forms and reports, creating web documents, using hyperlinks, backing up a database, printing database objects. A course manual and disk are included.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 2/11 – 2/25 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

Microsoft Access 2000– Level 3

For those who have completed Access Level 2 or have similar knowledge. During this course participants will master the following skills: modifying input masks and creating look up fields, defining relationships-use of multi-field primary keys, specifying join properties, creating and modifying forms in design view, refining queries-creating total queries, creating action and parameter queries, creating reports in design view, and more. A course manual and disk are provided.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 3/4 - 3/18 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

Microsoft PowerPoint 2000 Level 1

The objective of this course is to teach you how to create a professionally designed presentation. You will learn a variety of skills that include the following: Use of the auto Content Wizard, creating a presentation from scratch, working in normal, slide sorter, and

outline view, inserting specific slide types, modifying the sequence of slides, promoting and demoting text, adding speaker notes, formatting text, using master slides, using headers and footers, using bullets and more. A course manual and disk are included.

Day: Wednesday Time: 6:30 - 8:00 p.m.

Dates: 1/20 – 2/3 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

**Join our email list! Log onto
www.brookfield.org/pnr/index.htm and
click on the icon to receive monthly
updates on the Parks & Recreation
programs and events of your choice.**

Digital and Film Photography

In just five weeks this class will have you using your camera like a pro. You'll learn what all those camera buttons and hidden menus do. Technical terms like white balance, ISO and resolution will be explained, but we'll also spend time on aesthetic issues. Weekly assignments will encourage you to practice and to develop your artistic sense. Charge up those batteries, grab your camera manual and camera, and let's have some fun.

Day: Monday Time: 7:00 - 9:00 p.m.

Dates: 1/25 – 3/1 (5 wks)-no class 2/15

Instructor: Mary Ann Kulla Fee: \$70.00

Place: Town Hall Mtng Rm.

**Click, Load & Print**

This class will demonstrate how to get your digital photos onto your computer, organize them, and make prints using your home printer or an online lab. Bring a memory card with some pictures you don't mind experimenting with, plus bring any connecting cables that came with your camera and your camera manual.

Day: Thursday Time: 7:00 - 9:00 p.m.

Date: 3/4 (1 wk) Place: BHS Computer Lab

Instructor: Mary Ann Kulla Fee: \$25.00

Introduction to Photoshop Elements

If you would like to improve your photos or artwork, this class will get you started on the right track. It will teach you the basics of Photoshop Elements. We'll learn what the tools and palettes do; how to adjust color, change the size of an image, make selections and manipulate them. Computer familiarity is required because this will be a hands-on class. Questions and experimentation will be encouraged, and there will be homework. Please come to class with the book *Photoshop Elements* by Mike Wooldridge from the "*Teach Yourself Visually*" series. Buy the book for the version of Photoshop Elements you have on your computer.

Day: Thursday Time: 7:00 - 9:00 p.m.

Dates: 1/21 – 2/18 (4 wks) – no class 2/11

Place: BHS Computer Lab

Instructor: MaryAnn Kulla Fee: \$65.00

**Color Me Beautiful**

In this workshop, the participants will be introduced to Reinventing Yourself with Color Me Beautiful. If you are confused with your specialized colors, this introduction program provides you ways to recognize a personalized color identification of your natural coloring. You will learn the concepts that give you the right tools to make choices at home and in the store. Knowing what your best colors are and choosing which color is the best choice to wear will no longer be a problem and save you money when you purchase clothes. When you wear your personalized colors, you will feel younger, thinner, prettier and full of self-confidence. Even makeup can be color coordinated to your seasonal palette.

Day: Tuesday Time: 6:30 – 8:30 p.m.

Date: 1/26 (1 wk) Fee: \$20.00

Place: Town Hall Mtng. Rm. Instructor: Pat Rayner

New ~ Organization Super Class

How long do you spend every day looking for things you know you own, but cannot find? If you are like the typical American, chances are good that it's about an hour a day! Stop the madness and get organized once and for all! Attendees to this class will leave with an understanding of what it takes to get and stay organized. We will address your toughest questions and tackle all areas of the home. Feel free to bring photos of your worst spaces!

Day: Wednesday Time: 7:00 – 9:00 p.m.

Date: 2/3 Fee: \$25.00

Instructor: Bonnie Joy Dewkett, The Joyful Organizer

Place: Town Hall Meeting Room



New ~ Organization Kid's Class

Are your kids and their possessions taking over your home? It seems like it happens to everyone, but it doesn't have to happen to you!

Take control today and get organized! This class will give you quick, easy to implement tips and tricks to get your kids organized. We will also review easy ways to get your kids to take over some of the daily chores. Come with your toughest questions, and pictures of your kids' rooms and play spaces.

Day: Wednesday Time: 7:00 – 9:00 p.m.

Date: 3/3 Fee: \$25.00

Instructor: Bonnie Joy Dewkett, The Joyful Organizer

Place: Town Hall Meeting Room

New ~ Dream Analysis Workshop

Our dreams gift us with abundant resources leading us to our best life. In this workshop Certified Life Coach Patty Lennon will teach you to interpret your own dreams (or anyone else's) so that you can quickly find the guideposts hidden by your consciousness. Patty will also interpret the dreams of at least two participants while in the workshop. Unleash the knowledge your inner being has waiting for you! Workshops participants will receive a dream analysis worksheet and mp3 version of the material taught in this workshop.

Day: Tuesday Time: 7:00 – 9:00 p.m.

Date: 1/26 Fee: \$45.00

Place: Senior Center (temporary location), 559B Federal Rd

Instructor: Patty Lennon, Martha Beck Certified Life Coach



New ~ Design Your Life; Define Your Motherhood

In this six week program Martha Beck Certified Life Coach Patty Lennon will take you on a journey of self-discovery and self-definition. You will unlock the dreams you hold for your own life and that of your children. You will be offered the opportunity to trade in a one-size-fits-all definition of motherhood for a vision of your life that feels amazing and authentic. If you are ready to release the sadness and frustration that comes from not measuring up to an idealized version of motherhood and move yourself up on your priority list this course is for you. Participation will be limited to 8 people in order to provide ample time for one-on-one coaching in the workshop setting.

Day: Wednesday Time: 7:00 – 8:00 p.m.

Date: 2/3 – 3/10 (6 wks) Fee: \$120.00

Place: Senior Center (temporary location), 559B Federal Rd



Public Speaking Workshop

Polish your public speaking/presentation skills in a supportive environment: relaxation is the key! Learn easy techniques, "rehearse" and gain confidence with a coach experienced in varied corporate contexts. Perfect your own material or work with provided copy – either way, you'll be better prepared for your next moment in the

spotlight.

Day: Thursday

Time: 7:00 – 8:30 p.m.

Dates: 1/28 – 3/11 (6 wks) -no class 2/11

Place: BHS Classroom

Instructor: Jan Neuberger

Fee: \$73.00

New ~ Marketing for Small Business

Learn how to take some small ideas that will have a big effect on your business! We will discuss the basics of all types of media; print; telemarketing, e-commerce and viral. Kick off your marketing plan now!

Day: Wednesday

Time: 7:00 – 9:00 p.m.

Date: 1/20

Fee: \$25.00

Place: Town Hall Room 133

Instructor: Carol Eagan

Chef Nina Wilson's Culinary Adventures

Impress your friends and family by preparing food normally reserved for special occasions in expensive restaurants, and learn tricks of the trade from a professional chef and former owner of the Brookfield Bistro. Sign up for all four classes for \$70.00 or individually at a cost of \$20.00 each. An additional materials fee of \$15 must be paid to the instructor at each class. Classes meet 6:30 – 9:00 p.m. in the Whisconier Home Ec. Rm. Bring an apron and your sense of adventure!

Tuesday, 1/19 - Make your own Pasta from Scratch

Fresh, delicious ravioli, lasagna, and fettucine.. and gnocchi how about some sauces? Bolognese, alfredo... You won't believe how easy, fun and inexpensive it is.

Tuesday, 2/2 - Hors d'oeuvres or Amuse Bouche

Try this class filled with Chef Nina's favorite fun and fancy and easy hors d'oeuvres...shrimp toast, bruschetta, mini quiche, gouchere.. just to name a few. Some to eat on the spot other do freeze. Come and enjoy a grazing extravaganza

Tuesday, 2/16 - How to make all those Desserts that look too hard...

How to work with gelatin, how to make a souffle, the trick to making a mousse and what does "blooming" mean any way?

Tuesday, 3/2 - Winter Delights- Exotic Stews, Stews that "Stick to your Ribs"

Chicken Tagine, Lamb shanks, and how to make your very own "Pulled Pork" ... Come warm yourself.

Ice Skating on Whalen Pond

Whalen Pond is open to Brookfield residents for ice-skating during the winter months. Whalen Pond, also known as Hillandale Pond, is located at the intersection of Broadview and Hillandale Roads. Ice conditions are checked Monday through Friday for safety, and a "skating" or "no skating" sign is posted at the Pond. Please note that conditions are not updated on weekends or holidays.

Adult Certification



Standard First Aid

Learn the skills needed to prevent, recognize and provide basic care for injuries and sudden illnesses until

advanced medical personnel arrive. Useful take-home course materials help you retain skills and serve as an excellent refresher and reference tool after training is complete.

Day: Thursday Time: 6:30 - 9:30 p.m.

Date: 1/21 (1 wk) Fee: \$35.00

Place: Town Hall Meeting Room

Instructor: Susan Jowdy

CPR/AED for Adults or Infants/Children

This course covers CPR in an approach that complements adult learning styles, featuring hands-on practice and real life scenarios. Additionally, this course also includes training in using an automated external defibrillator (AED) on a victim of sudden cardiac arrest. Useful take-home course materials help you retain skills and serve as an excellent refresher and reference tool after training is complete.

Session 1: CPR/AED for Adults

Thursday, 1/28, 6:30 - 9:30 p.m.

Session 2: CPR/AED for Infant/Child

Thursday, 2/4, 6:30 - 9:30 p.m.

Place: Town Hall Meeting Room

Instructor: Susan Jowdy Fee: \$35.00/session

CPR Re-Certification

This review course provides individuals with the opportunity to review the course content within a formal course setting. Each participant will have the opportunity to view video segments and practice and perform skills for evaluation and complete the written exam for the course being reviewed.

Session 1: CPR Recert for Adults

Thursday, 2/25, 6:30 - 9:30 p.m.

Session 2: CPR Recert for Infant/Child

Thursday, 3/4, 6:30 - 9:30 p.m.

Place: Town Hall Meeting Room

Instructor: Susan Jowdy Fee: \$35.00/session



D.E.P. Boating Safety Course

Students of all ages successfully completing this course will satisfy the education requirements for the Connecticut State

Boating Certificate, required for anyone who operates a boat. Participants must attend all four classes. There is an additional \$50 certificate fee to the State, which you will mail in after successful completion of the class.

Session 1:

Day: Monday and Wednesday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m.

Dates: 4/26, 4/28, 5/3, 5/5

Place: WMS Seminar Rm. Fee: \$20.00

Session 2:

Day: Tuesday and Thursday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m.

Dates: 5/11, 5/13, 5/18, 5/20

Place: WMS Seminar Rm. Fee: \$20.00

Decorative Arts

Floral Design for Beginners

A new year is beginning; why not learn a new skill that will allow you to make your own fresh flower arrangements? This class is taught by a professional floral designer, and features the basic design of a garden style basket arrangement, vase arrangement and a contemporary or traditional centerpiece.

Materials fee of approximately \$25.00 must be paid to instructor each week to cover the cost of flowers. No experience is necessary! Please bring floral snips.

Day: Monday

Time: 7:30 - 9:30 p.m.

Date: 1/25 - 2/8 (3 wks)

Fee: \$48.00

Place: Senior Center Craft Room, 559B Federal Road

Instructor: Shannon Schnuerer

Floral Design - Intermediate



Take what you already know and step it up a notch with the help of an experienced floral designer.

Make larger and more interesting

arrangements like a contemporary cube design,

garden style vase and a surprise arrangement. Watch your creativity and knowledge grow giving you a beautiful arrangement to take home each week. Additional materials fee of approximately \$25 must be paid to the instructor at each class. Please bring floral snips. Pre-requisite "Floral Design for Beginners" or floral experience.

Day: Monday

Time: 7:30 - 9:30 p.m.

Date: 3/1 - 3/15 (3 wks)

Fee: \$48.00

Place: Senior Center Craft Room, 559B Federal Road

Instructor: Shannon Schnuerer

Watercolor for Adults

Whether you are an artist just starting out or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. Please ask for a materials list when registering (approximate cost \$40).

Day: Thursday

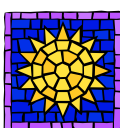
Time: 6:00 - 8:00 p.m.

Dates: 1/21 - 3/25 (8 wks) - no class 2/11, 2/18

Fee: \$88.00

Instructor: Victoria Lange

Place: Senior Center Craft Room, 559B Federal Road



Stained Glass for Beginners

Students will learn about the origins of glass, patterns and plans, glass selection and the use of tools and materials in this hands-on class. You will build one or two

small projects (depending on their size) over the seven-week program. You do not need to bring anything with you to the first class; however you will receive a materials list for purchase before the second class. Depending on the projects you select, tools cost will be an additional \$80 - 100.

Day: Tuesday

Time: 6:00 - 9:00 p.m.

Dates: 1/26 - 3/9 (7 wks)

Fee: \$119.00

Place: Senior Center, 559B Federal Road

Instructor: Mark Tomascak

Adult Fitness



New ~ SCUBA Diving

The P.A.D.I. recreational scuba diving program is now being offered. The program is broken down into 2 parts. Part I—Classes consist of academics and pool time. Participants must be at least

10 years of age, in reasonable health and be comfortable in the water. Each student must provide their own mask, snorkel, boots and fins. (Students receive a 10% discount—inquire at The Dive Shop.) All other gear is provided for the pool sessions. The course is taught in a friendly, relaxed atmosphere to enhance learning. Part 2—must complete four open water dives to become a certified diver (inquire). This is a performance-based program and excels with your pace. Orientation will take place first and then a schedule can be coordinated with your schedule.

Day: Thursday Time: 7:00 PM

Dates: 1/14, 2/11, 3/11 Fee: \$225.00 Part 1, \$145 Part 2

Place: THE DIVE SHOP, 439 Federal Road

New ~ Introduction to Water Aerobics



Have you ever wanted to try water aerobics but didn't want to make a commitment for a complete session? You can now sign up for an introductory class, to "test the waters."

Participants need to be comfortable in the water, and bring a bathing suit and towel. Showers and lockers are available. A barbell and noodle will be supplied.

Session 1

Day: Monday Time: 9:30 – 10:30 a.m.

Dates: 1/4, 2/22, or 4/19 Fee: \$10.00/class

Place: THE DIVE SHOP Aquatic Center, 439 Federal Road

Session 2

Day: Monday Time: 6:30 – 7:30 p.m.

Dates: 1/4, 2/22, or 4/5 Fee: \$10.00/class

Place: THE DIVE SHOP Aquatic Center, 439 Federal Road

Train for a 5K



Are you interested in running a 5K (3.1 miles) road race? Are you a walker who would like to try running? Are you a runner interested in improving your times? Come join Cassie Dunn in a group setting for a series of training runs and short lectures. (Come dressed to run and

bring a water bottle) You will learn how to design a training program based on your level of fitness, whether you are a walker or a runner. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Mother's Day 5K on 5/10/09. (Registration for the 5K is included in the fee.) All fitness levels are welcome! Cassie Dunn, a former cross-country and track coach, lives in Brookfield. She is a certified personal trainer, Pilates instructor and Spinning instructor.

Day: Saturday Time: 9:00 – 10:00 a.m.

Dates: 3/20– 5/8 (6 wks) - no class on 4/24

Place: BHS Track Instructor: Cassie Dunn

Fee: \$67.00

Adult Fitness

New ~ Train for a 5 Mile or 10K Race

Are you interested in running a 5-mile or 10K (6.2 miles) road race? Are you a walker who would like to try running or a longer distance? Are you a runner interested in improving your times? Come join Cassie Dunn in a group setting for a series of training runs and short lectures. (Come dressed to run and bring a water bottle) You will learn how to design a training program based on your level of fitness, whether you are a walker or a runner. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Lion's Club Diabetes Run. (You'll need to register for the race on your own.) All fitness levels are welcome! Cassie Dunn, a former cross-country and track coach, lives in Brookfield. She is a certified personal trainer, Spinning instructor and group fitness instructor.

Day: Saturday

Time: 9:00 – 10:00 AM

Dates: 5/8– 6/13(6 wks)

Place: BHS Track

Instructor: Cassie Dunn

Fee: \$60.00



Indoor Group Cycling

Come SPIN your way to fitness! You've heard about it, now come and try it! This high-energy workout lets you train at YOUR

fitness level in a group situation. In a darkened room, with a top-notch instructor and great music – you will have FUN while getting into the shape of your life! Regardless of your age, fitness level or experience – you will LOVE this! BABYSITTING AVAILABLE! CLASS LIMITED TO 6 PEOPLE!

SESSION 1: Monday, 9:15 – 10:15 a.m.

Dates: 1/25 - 3/1 (6 wks) Fee: \$80.00

Instructor: Cassie Dunn

SESSION 2: Monday, 5:00 – 6:00 p.m.

Dates: 1/25 - 3/1 (6 wks) Fee: \$80.00

Instructor: Lisa Levito

SESSION 3: Wednesday, 6:00 – 7:00 a.m.

Dates: 1/20 - 2/24 (6 wks) Fee: \$80.00

Instructor: To be announced

SESSION 4: Wednesday, 9:15 – 10:15 a.m.

Dates: 1/20 - 2/24 (6 wks) Fee: \$80.00

Instructor: Cassie Dunn

SESSION 5: Wednesday, 6:00 – 7:00 p.m.

Dates: 1/20 – 2/24 (6 wks) Fee: \$80.00

Instructor: Liz Sortino

SESSION 6: Thursday, 5:30 – 6:30 p.m.

Dates: 1/21 - 2/25 (6 wks) Fee: \$80.00

Instructor: Jim Spada

SESSION 7: Saturday, 9:00 – 10:00 a.m.

Dates: 1/23 – 2/27 (6 wks) Fee: \$80.00

Instructors: Lisa Levito or Liz Sortino

SESSION 8: Sunday, 9:15 – 10:15 a.m.

Dates: 1/24 - 2/28 (6 wks) Fee: \$80.00

Instructor to be announced

Place: NO LIMIT Health and Fitness, 1120 Federal Road, Brookfield, CT 775-8548

Adult Fitness – Aerobics

B. L. T. or (Butt, Legs, and Tummy)!

This is a body sculpting class targeting the lower body's "hot spots", the glutes, inner and outer thighs and the waistline. Taught by Nicole Vitale, the class includes muscle and strength building moves, like squats and lunges, combined with effective sculpting moves that are focused and intensive. Don't worry about learning dance moves or combinations, because this class is all about form and function! Change your Body! Nicole is a nationally ranked NPC Figure Competitor and a certified Health educator with a BS in Health Education. Nicole has been personal training for 12 years and teaching group fitness for 5 years. BABYSITTING AVAILABLE!

Day: Tuesday Time: 5:00 – 6:00 PM
Dates: 1/19 - 2/23 (6 wks) Fee: \$60.00
Instructor: Nicole Vitale
Place: NO LIMIT Health and Fitness, 1120 Federal Rd



Training Power Hour

This class is like having a personal trainer for 1 hour!!! For women who do not want the aerobic form of exercise, but prefer a class that focuses on firming, shaping, and toning,

the arms, back, chest, shoulders, legs glutes, and abs. Learn proper form and technique and obtain your best body possible, by using hand held weights, bands, balls and more. For people of all physical levels, this class will challenge the beginner AND advanced student. A fun class, with individual attention, that will get you results! Class also includes a warm up, cool down and stretching. Bring water and a towel. BABYSITTING AVAILABLE!!!

Day: Wednesday Time: 9:30 - 10:30am
Dates: 1/20 – 3/10 (8 wks) Fee: \$96.00
Instructor: Donna Binetti
Place: NO LIMIT Health & Fitness, 1120 Federal Road



Cardio Sculpt/Pilates Sculpt

This one-hour class combines a cardio segment, which leads to more lean muscle and greater fat loss, with a pilates-based sculpting class using light weights, dyna-bands, and stability balls. This

is a good way to streamline your hour of exercise with cardio and sculpting. It is an excellent workout for beginner exercisers through advanced participants. Master Instructor, Marni McNiff will guide you through this workout, recommending any necessary adjustments based on your individual needs. Watch your body change! BABYSITTING AVAILABLE!

Session 1: Tuesday, 9:15 – 10:15 a.m.
Dates: 1/19 - 2/23 (6 wks) Fee: \$80.00
Session 2: Thursday, 9:15 – 10:30 a.m.
Dates: 1/21 - 2/25 (6 wks) Fee: \$80.00
Instructor: Marni McNiff

Adult Fitness – Aerobics



Body Pump

A licensed program by Les Mills. It is the fastest way to shape up and lose body fat. Body Pump is a toning and conditioning class with weights and is just about for everybody. It's perfect for both males and females who want to add strength training to their workout. Burn 600 calories per class, improve your bone density and watch your body change.

Session 1: Wednesday 9:15-10:15 a.m.
Dates: 1/20 – 3/24 (10 wks) Fee: \$120.00
Instructor: Dawn Masella
Session 2: Tuesday 5:30 – 6:30 p.m.
Dates: 1/19 – 3/23 (10 wks) Fee: \$120.00
Instructor: Liz Raftery
Session 3: Sunday 9:30 – 10:30 a.m.
Dates: 1/24 – 3/28 (10 wks) Fee: \$120.00
Instructor: Liz Raftery
Session 4: Friday 9:15 – 10:15 a.m.
Dates: 1/22 – 3/26 (10 wks) Fee: \$120.00
Instructor: Dawn Masella
Place: The Body Shop Fitness Club, 14 Delmar Drive

Zumba

Zumba is a great way to stay physically and mentally fit. It is like no other workout you will ever experience! Zumba is great for the mind, body and soul and is based on the principal that exercise should be fun, which helps you stick with the program until you get results - the key to long term good-health. It's a feel good exercise program designed with a scorching fusion of world music and spicy dance rhythms. With its non-stop easy to follow choreography, you burn 500 to 800 calories per hour depending on how hard you work, and tone your body from head to toe. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high energy, heart pumping cardiovascular workout you want to return to again and again.

Session 1: Monday, 6:00 – 7:00 p.m.
Dates: 1/18 – 3/22 (10 wks) Fee: \$120.00
Instructor: Dolores Tirri
Session 2: Tuesday, 9:15 – 10:15 a.m.
Dates: 1/19 – 3/23 (10 wks) Fee: \$120.00
Instructor: Charlotte Hess
Session 3: Thursday 9:15 – 10:15 a.m.
Dates: 1/21 – 3/25 (10 wks) Fee: \$120.00
Instructor: Charlotte Hess
Session 4: Wednesday 7:00 – 8:00 p.m.
Dates: 1/20 – 3/24 (10 wks) Fee: \$120.00
Instructor: Dolly Pinto
Place: The Body Shop Fitness Club, 14 Delmar Drive



20/20/20

This complete workout starts with 20 minutes of cardio, followed by 20 minutes of toning and ending with 20 minutes of stretching and

Pilates. Everything you need in 60 minutes.
Day: Thursday Time: 6:00 – 7:00 p.m.
Dates: 1/21 – 3/25 (10 wks) Fee: \$120.00
Place: The Body Shop Fitness Club
Instructor: Anne Fries

Adult Fitness – Aerobics

Total Body Boot Camp

A full body workout using hand held weights, body bars, balls and your own body weight for resistance training. Abdominal and stretch exercises included.

Session 1: Saturday 9:15 – 10:15 a.m.

Dates: 1/23 – 3/27 (10 wks) Fee: \$120.00

Session 2: Monday 5:00 – 6:00 p.m.

Dates: 1/18 – 3/22 (10 wks) Fee: \$120.00

Session 3: Wednesday 5:30 – 6:30 p.m.

Dates: 1/20 – 3/24 (10 wks) Fee: \$120.00

Instructor: Donna Pace

Place: The Body Shop Fitness Club

New ~ Kettlebell Training

Never heard of kettlebells? We hadn't either, but they are bowling ball-sized cast iron weights with a single looped handle on top, ranging in weight from two to over 100 pounds. Kettlebell workouts use multiple muscle groups at once, so they are a great way to get a whole body workout in a short time, building a strong, lean, athletic physique with emphasis on the core.

Session 1: Saturday, 9:00 – 9:45 a.m.

Dates: 1/23 – 2/27 (6 wks) Fee: \$72.00

Session 2: Wednesday, 5:30 – 6:15 p.m.

Dates: 1/20 – 2/24 (6 wks) Fee: \$72.00

Instructors: Austin Monteiro and Shelly Norkowski

Place: ANYTIME FITNESS, 195 Federal Road

Pilates



A class that focuses on the ageless concepts of a strong center, positive alignment and mental focus. Improve torso strength, joint mobility and body posture with movements that increase your range of motion.

Day: Monday Time: 9:15 – 10:15 a.m.

Dates: 1/18 – 3/22 (10 wks) Fee: \$120.00

Place: The Body Shop Fitness Club

Instructor: Ellen Serino

Youth Employment Program

Pretty soon that snow is going to be piling up in your yard! You need a night out of the house, but have no one to watch your children! Our Youth Employment Program consists of young ladies and gentlemen that are looking to help you out, and make some money in the process. A list of services includes not only babysitting and shoveling, but raking, weeding, mowing, house and pet sitting, washing cars, household chores, and helping you clean out that garage or attic you keep saying you're going to get to. For a list of interested workers, and for students seeking employment, please contact Donna Korb at dkorb@brookfield.org, or call 775-7310.



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous teaching experience is not always necessary. Class proposals should be received by 2/1/10 to be considered for the spring /summer program guide.

Adult Fitness - Yoga, Meditation

Introduction to Yoga with Gloria



If you've never tried yoga or would like a refresher on the basics, this is the class for you! Certified Kripalu Yoga instructor, Gloria Owens, makes learning yoga safe, fun and accessible in this class geared especially for

beginners. Gloria teaches the fundamentals of breathing and alignment in basic yoga poses, gently guiding each student to access their inner grace, strength, balance and wisdom. Appropriate for all bodies, this class concludes with a guided relaxation/meditation to leave you feeling stress-free & rejuvenated.

Day: Monday Time: 7:30 – 9:00 p.m.

Dates: 1/18 – 3/8 (8 wks) Fee: \$120.00

Place: YogaSpace, 777 Federal Rd., second floor

Instructor: Gloria Owens

Tai Chi & Chi Gong with Susan

This class combines the meditative and flowing aspects of Tai Chi with the energy practices of Chi Gong to promote health, strength and tranquility. Teacher Susan Bradley is a long-time scholar, practitioner and teacher of these ancient Eastern healing arts. Appropriate for all levels of fitness and experience. A great introduction to Tai Chi and Chi Gong!

Day: Tuesday Time: 7:30 – 9:00 p.m.

Dates: 1/19 – 3/9 (8 wks) Fee: \$120.00

Place: YogaSpace, 777 Federal Rd., second floor

Instructor: Susan Bradley

Meditation & Mindfulness



Are you stressed-out or anxious? Curious about meditation? Don't know where to start? Join Ken Sprano for this seven-week introduction to meditation & mindfulness-based stress reduction on Sunday nights in

the serene atmosphere of YogaSpace. You will learn a variety of techniques including various approaches to meditation, breathing and deep relaxation. You'll leave feeling lighter, happier and ready to face your week with clarity and ease.

Day: Sunday Time: 7:30 – 8:30 p.m.

Dates: 1/24–3/7 (6 wks) - no class 2/14

Place: YogaSpace, 777 Federal Rd., second floor

Instructor: Ken Sprano Fee: \$90.00

Yoga

Yoga is a balancing of the entire body, which reaches every level of your being. It is modified to every person's ability from beginner to advanced. It is wonderful on its own or an excellent compliment to any sport or physical activity.

Session 1: Tuesday 4:30 – 5:30 p.m.

Dates: 1/19 – 3/23 (10 wks) Fee: \$120.00

Session 2: Thursday 4:30 – 5:30 p.m.

Dates: 1/21 – 3/25 (10 wks) Fee: \$120.00

Place: The Body Shop Fitness Club

Instructor: Penny Cidri

Adult Fitness - Open Gyms



Open Basketball

Ongoing Monday night open play for Brookfield residents and their guests age 18 and over.

Purchase a season pass for \$50.00 or pay \$5.00

nightly at the door. Passes will not be sold after 12/21 and no credit for nightly passes will be given. Program canceled on days when school is not in session or dismisses early.

Days: Monday Time: 7:30 – 9:30 p.m.

Dates: 11/9/09 – 4/5/10

Place: BHS Gym

Fee: \$5.00/night or \$50.00/season pass

Open Volleyball

Ongoing Wednesday night open play for adults 18 and over. Purchase a season pass for \$50.00 or pay \$5 nightly at the door. Passes will not be sold after 12/16 and no credit for nightly passes will be given. Open gym is canceled on 12/23 and on days when school is not in session or dismisses early.

Days: Wednesday Time: 7:30 – 9:00 p.m.

Dates: 11/4/09- 4/14/10 Place: WMS Gym

Fee: \$5.00/night or \$50.00/season pass

Indoor Soccer

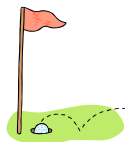
Thursday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$45.00 or pay \$5 nightly at the door. Indoor Soccer is cancelled on 2/11 and on days when school is not in session or dismisses early.

Days: Thursday Time: 7:30 – 9:00 p.m.

Dates: 1/7 – 4/8 (13 wks) Place: WMS Big Gym

Fee: \$5.00/night or \$45.00/season pass

Adult Fitness - Golf



Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to

play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed. Fee is \$110.00 for any one month (four classes). Classes meet 6:00–7:00 p.m.

January (Tuesdays) - 1/5, 1/12, 1/19, 1/26

February (Thursdays) - 2/4, 2/11, 2/18, 2/25

March (Wednesdays) - 3/3, 3/10, 3/17, 3/24

Women Only Classes (Beginner)

January (Mondays) - 1/4, 1/11, 1/18, 1/25

February (Wednesdays) - 2/3, 2/10, 2/17, 2/24

March (Thursdays) - 3/4, 3/11, 3/18, 3/25

Adult Fitness – Dance

For all of our dance classes, ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Even though dances are reviewed repeatedly, students are expected to practice on their own between classes as well.

Ballroom and Latin Mix for Singles

We've had so many requests for this class! No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and latin dances. Emphasis will be placed on mastering each step before moving on to new dances.

Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Wednesday Time: 6:00 – 6:45 p.m.

Place: WMS- Cafeteria

Fee: \$65.00/person

Dates: 1/20 – 3/17 (8 wks)-no class 3/10



Strictly Ballroom Dance

Do you have a wedding, anniversary party or class reunion in your future? Would you like to impress your friends with some new moves? In addition to the physical benefits of dancing, mentally dancing serves as a wonderful stress

release. The dances you learn will be selected at the instructor's discretion and may include: Fox Trot, Slow Waltz, Tango, Viennese Waltz and Quick Step. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Wednesday Time: 6:45 – 7:30 p.m.

Place: WMS- Cafeteria

Fee: \$65.00/person

Dates: 1/20 – 3/17 (8 wks)-no class 3/10



Latin Dance

What better way to beat the blues? Come and learn the spicy Mambo/Salsa and Cha-Cha that is found in much of today's popular music. Samba, the "dance of love" Rumba, and East Coast Swing also known as Jive are among the dances you may learn this session at the instructor's

discretion. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Wednesday

Time: 7:30 – 8:15 p.m.

Place: WMS Cafeteria

Fee: \$65.00/person

Dates: 1/20 – 3/17 (8 wks)-no class 3/10

Tumbling Tots

Children 2-5 will meet for games, basic tumbling skills and energetic fun in a gym setting. We offer 2 time slots for this popular program; 9:30 - 10:15 am for age 4-5 with or without parent and 10:15 - 11:00 am for ages 2-3 with parent or caregiver. Please specify time and session when registering.

Day: Tuesday Fee: \$50.00/session
 Time: 9:30 – 10:15 a.m. OR 10:15 – 11:00 a.m.
 Session 1: 1/12, 1/19, 1/26, 2/2 (4 wks)
 Session 2: 2/16, 2/23, 3/2, 3/9 (4 wks)
 Place: Northeast Tropics, 558 Federal Road
 Instructors: Pam Zavarelli & Jen Tomaino



Jumpin' Beans

Children will increase socialization skills and coordination through musical games and movement activities with their parent or caregiver and other children 18 - 24 months old.

Day: Tuesday Time: 11:00 a.m. – 11:45 a.m.
 Session 1: 1/12, 1/19, 1/26, 2/2 (4 wks)
 Session 2: 2/16, 2/23, 3/2, 3/9 (4 wks)
 Instructor: Pam Zavarelli Fee: \$50.00/session
 Place: Northeast Tropics, 558 Federal Road

Ballet and Creative Movement for Tots

Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for ages 3 - 5. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred, but not required. Please specify which time you would like when registering.

Day: Friday Fee: \$45.00
 Session 1: 4:25 – 5:10 p.m.
 Session 2: 5:15 – 6:00 p.m.
 Dates: 1/22 – 3/26 (8 wks) –no class 2/12, 2/19
 Place: Center School Cafe Instructor: Holly Gundolfi



'Lil Chefs

Children ages 3 and 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement.

Day: Wednesday
 Session 1: 1/13, 1/20, 1/27, 2/3 (4 wks)
 Session 2: 2/17, 2/24, 3/3, 3/10 (4 wks)
 Time: 10:00 – 11:00 a.m.
 Place: Congregational Church, Fair Kitchen
 Instructor: Jen Tomaino Fee: \$63.00 /session

Theme Weeks

Preschool children ages 2-4 (with parent or caregiver) will meet for a variety of stories, crafts, games, and music all relating to the following themes:

January: 1/11 and 1/25 Winter Wonderland
 February: 2/1 and 2/8 Happy Valentine's Day
 March: 3/8 and 3/15 Welcome Spring!

Day: Monday Fee: \$24.00/month
 Time: 10:00 – 11:00 a.m. Instructor: Pam Zavarelli
 Place: Congregational Church Room #4



Learn to Ice Skate for Tots

Preschoolers age 3 ½ and older will enjoy this program which incorporates creative play and interactive learning games to teach skills. This program is designed for children who have never skated. They will learn the proper way to fall and get up, as well as marching in place and across the ice. Included is a free skating pass so that participants may practice at no charge during any public skating session for the eight- week duration of the program, as well as skate rentals if needed. Wear helmets and gloves or mittens.

Session 1: Wednesday, 1/6 – 2/17 (7 wks) Fee: \$112.00
 4:00- 4:30 p.m. (Tot 1 or 2)

Session 2: Thursday, 1/7 – 2/18 (7 wks) Fee: \$112.00
 10:00 – 10:30 a.m. (Tot 1)
 10:30 – 11:00 a.m. (Tot 2)

Session 3: Friday, 1/8 – 2/19 (7 wks) Fee: \$112.00
 10:00 – 10:30 a.m. (Tot 1)
 10:30 – 11:00 a.m. (Tot 2)

Place: Danbury Ice Arena, 1 Independence Way

Center After School



Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Thursday Time: 3:25 – 4:25 p.m.
 Dates: 1/21 – 3/25 (8 wks) –no class 2/11, 2/18
 Place: Center School - Gym Fee: \$40.00
 Instructor: Mark Checkosky

Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports.

Session 1: Tuesday, 1/19 – 3/9 (8 wks)
 Session 2: Wednesday, 1/20 – 3/10 (8 wks)
 Time: 3:25 – 4:25 p.m.
 Place: Center School - Gym Fee: \$40.00/session
 Instructors: Mollie McDonald and Emily Bonomo



Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement.

Recipes will be duplicated in both of the classes. Classes meet in the Center School Pre-School Room, 3:25 – 4:25 p.m. Fee is \$45.00/session.

Day: Tuesday Instructor: Jen Tomaino

Session 1: 1/19, 1/26, 2/2, 2/9 (4 wks)

Session 2: 2/23, 3/2, 3/9, 3/16 (4 wks)

Day: Wednesday Instructor: Jen Tomaino

Session 1: 1/20, 1/27, 2/3, 2/10 (4 wks)

Session 2: 2/24, 3/3, 3/10, 3/17 (4 wks)

LEGO Fungineering

Young budding engineers in grades K and 1 love this "hands-on, minds-on" program. Concepts of simple machines such as gears, pulleys, levers and wheels are introduced through a series of activity-card LEGO building projects. With the use of a motor and electrical controls, the models come alive right before their eyes! All new models to tinker with this winter. Class size is limited to 12 students.

Day: Thursday Time: 3:20 – 4:30 p.m.
 Dates: 3/4 - 4/1 (5 wks) Fee: \$92.00
 Instructor: Computer Explorers Place: Center School Rm.

Ballet and Creative Movement for K/1

Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for children in grades K and

1. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred for participants, but not mandatory.

Day: Friday Instructor: Holly Gundolfi
 Dates: 1/22 – 3/26 (8 wks) –no class 2/12, 2/19
 Time: 3:25 – 4:25 p.m. Fee: \$45.00
 Place: Center School Café

**French Fantastique**

Madame Minier, a native French speaker with twenty years experience teaching, has a magical way of inspiring children. Using music, poetry, memory games, colorful craft projects and vocabulary building exercises, she stimulates all of the child's senses and makes learning fun. Children in grades K and 1 will learn basic greetings, the alphabet, counting, colors and lots of vocabulary. Each student will also receive a folder full of creative activities in French.

Day: Tuesday Time: 3:25 - 4:25 p.m.
 Dates: 1/19 – 3/9 (8 wks) Fee: \$72.00
 Place: Center School Instructor: Margee Minier

Iddy, Biddy Basketball – Grade 1

Children in first grade will practice the basic skills of basketball including dribbling and passing in a fun, non-competitive atmosphere. All children will receive an iddy biddy basketball T-shirt.

Day: Saturday Dates: 1/9 – 2/27 (7 wks)
 Time: 11:00 a.m.- 12:00 p.m. Fee: \$55.00
 Place: Huckleberry Hill School– Upper Gym
 Supervisor: Fern Smenyak

New ~ Quick Start Tennis

Students in grades K and 1 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in.). Children should wear sneakers and bring a snack and drink.

Day: Monday Time: 3:25 – 4:25 p.m.
 Dates: 2/1 – 3/15 (6 wks) – no class 2/15
 Place: Center School Gym Fee: \$66.00
 Instructor: Elaine Gregory, BHS Girls Coach

**Little Dragons**

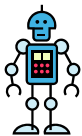
Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:25 – 3:55 p.m.
 Dates: 2/25 – 3/18 (4 wks) Fee: \$28.00
 Instructor: Zandri's Martial Arts
 Place: Center School Cafeteria

Huckleberry After School**Claymation Moviemaker**

Clay and animation, what a perfect combination! Working in teams, students in grades 2 – 4 do it all, from story creation to making the characters and building the sets. As they learn the production process they will use DIGITAL CAMERA and COMPUTER SOFTWARE to animate, record, download, assemble and edit their own movies. Their final masterpiece will be copied onto a CD for the students to take home for all to enjoy!

Day: Wednesday Time: 4:00 – 5:30 p.m.
 Instructor: Computer Explorers Fee: \$92.00
 Dates: 1/20 – 2/17 (5 wks) Place: HHES Library

**Lego Robotics**

Lego Mindstorms Robotics provide wonderful hands-on opportunities for students in grades 2 – 4 to experiment with robotics and learn about computer programming. We will be building all-terrain robotic vehicles to run through obstacle courses.

Day: Wednesday Time: 4:00– 5:30 p.m.
 Dates: 3/3 – 3/31(5 wks) Fee: \$92.00
 Place: HHES Library Instructor: Computer Explorers

Ice Skating on Whalen Pond

Whalen Pond is open to Brookfield residents for ice-skating during the winter months. Whalen Pond, also known as Hillandale Pond, is located at the intersection of Broadview and Hillandale Roads. Ice conditions are checked Monday through Friday for safety, and a "skating" or "no skating" sign is posted at the Pond. Please note that conditions are not updated on weekends or holidays.



The Wizard's School of Magic

Students in grades 1 – 4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform the tricks at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Abacadabra - Magic Workshop 1:

Wednesday, 1/20, 4:00 – 5:00 p.m. HHES Music Rm.

Hocus Pocus – Magic Workshop 2:

Wednesday 2/17, 4:00 – 5:00 p.m. HHES Music Rm.

Presto – Magic Workshop 3:

Wednesday 3/17, 4:00 – 5:00 p.m. HHES Music Rm.

Alakazaam – Magic Workshop 4:

Wednesday, 4/14, 4:00 – 5:00 p.m. HHES Music Rm

Quick Start Tennis

Students in grades 2 - 4 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in.). Children should wear sneakers and bring a snack and drink.

Day: Thursday Time: 4:00 – 5:00 p.m.

Dates: 2/4 – 3/25 (6 wks)-no class 2/11, 2/18

Place: HHES Lower Gym Fee: \$66.00

Instructor: Elaine Gregory, BHS Girls Coach



Flag Football

Students in grades 2- 4 will be introduced to the basics in this non-contact class.

Session 1: Monday, 1/25 – 3/22 (8 wks) – no class 2/15

Session 2: Tuesday, 1/19 – 3/9 (8 wks)

Time: 4:00 – 5:00 p.m. Place: HHES Lower Gym

Instructor: Tyler Heckmann and Dave Miller

Fee: \$40.00/session

Drawing on Your Mind

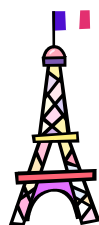
Students in grades 2 – 4 will focus on the basics of drawing: line, shape, form, value, composition and perspective with Mark Gerber, a professional Illustrator and Brookfield resident (www.gerberstudio.com). Students will be shown how to observe, how to think about what they see, and how to translate that to paper. And along the way they'll have some fun creating drawings from those things that we see and some that we don't, from still life to monsters to cartoons. A few basic supplies will need to be provided by the student. Please ask for a materials list when registering. Students should bring a snack and a drink each week.

Day: Thursday Time: 4:00 – 5:30 p.m.

Dates: 1/21 – 3/25 (8 wks) – no class 2/11, 2/18

Instructor: Mark Gerber Fee: \$75.00

Place: HHES Art Room



French Fantastique

Now offered as a before school activity! Studies have shown that the earlier a child is exposed to a second language, the more quickly they excel. Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings,

alphabet, counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French. Parents, please escort your child to the Music Room at each class meeting.

Day: Friday

Time: 8:10 – 9:10 a.m.

Dates: 1/22 – 3/19 (8 wks) –no class 2/12

Place: HHES – Music Room Fee: \$72.00

Instructor: Margee Minier

Good Eats!

Students in grades 2 – 4 will learn kitchen basics including recipe preparation, measuring, and procedures, all sprinkled with a lot of fun. Please make us aware of any food allergies when registering.

Day: Monday, 4:00 – 5:00 p.m.

Session 1: 1/25, 2/1, 2/8, 2/22 (4 wks)

Session 2: 3/8, 3/15, 3/22, 3/29 (4 wks)

Day: Tuesday, 4:00 – 5:00 p.m.

Session 1: 1/19, 1/26, 2/2, 2/9 (4 wks)

Session 2: 2/23, 3/2, 3/9, 3/16 (4 wks)

Instructor: Pam Zavarelli

Place: HHES Art Room

Fee: \$45.00/session

Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are required to bring their own goggles.

Session 1: Wednesday, 1/20 – 3/10 (8 wks)

Session 2: Friday, 1/22 – 3/26 (8 wks) – no class 2/12, 2/19

Time: 4:00 - 5:00 p.m. Place: HHES Lower Gym

Instructors: Dave Miller, Mark Checkosky

Fee: \$40.00/session



Bowling

Each class features two games of bumper bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus.

When sending in a note each week to the school, please include that your child is attending bowling on bus #26.

Pick-up is at Brookfield Lanes.

Day: Thursday Time: 4:00 - 5:45 p.m.

Session 1: 1/21, 1/28, 2/4, 2/25 (4 wks)

Session 2: 3/11, 3/18, 3/25, 4/1 (4 wks)

Instructor: Dave Miller

Fee: \$48.00/session

Place: Brookfield Lanes

Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls in grades 2 through 8. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Wednesday and Friday (see below)

Time: Grades 2 – 4: 6:00 – 7:00 p.m. Fee: \$60.00

Grades 5 – 8: 7:15– 8:30 p.m. Fee: \$65.00

Dates: 1/6, 1/8, 1/13, 1/15, 1/20, 1/27, 1/29, 2/3, 2/10, 2/17

Place: Huckleberry Hill Lower Gym

Instructor: Josh Levine



Basic Drawing and Watercolor

Students in grades 2 – 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their

ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week.

Day: Tuesday

Time: 3:50 – 5:20 p.m.

Dates: 1/19 – 3/9 (8 wks)

Fee: \$85.00

Place: Huckleberry Hill School – Room 201



Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control,

physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Friday

Time: 4:00 – 4:45 p.m.

Dates: 2/26 – 3/19 (4 wks) Fee: \$28.00

Instructor: Zandri's Martial Arts

Place: Huckleberry Hill School – Lower Gym

**Join our email list! Log onto
www.brookfield.org/pnr/index.htm and
click on the icon to receive monthly
updates on the Parks & Recreation
programs and events of your choice.**



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades 1-4 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit www.paintdrawmore.com

Day: Friday

Time: 4:00 – 5:00 p.m.

Dates: 1/22 – 3/26 (8 wks) -no class 2/12, 2/19

Place: HHES Art Room

Fee: \$120.00



Learn to Ice Skate Grades 1-4

Included is a free skating pass so that participants may practice at no charge during any public skating session for the eight- week

duration of the program, as well as skate rentals if needed. We are currently offering Skate levels 1 and 2 concurrently with different instructors. Skate 1: Entry-level class for those with little or no experience on the ice. Skaters will learn the proper way to fall down and get up as well as marching and gliding across the ice. They will also be introduced to forward swizzles, backward wiggles and stops. Skate 2: This class is for graduates of Skate 1 or for those skaters who have skating experience but not formal lessons. Skaters must be able to skate and glide on their own. They will learn 2-foot and 1-foot glides, forward and backward swizzles, alternating forward ½ swizzles and snowplow stops.

Day: Saturday

Time: 11:00 – 11:30 a.m.

Dates: 1/2 – 2/20 (8 wks) Fee: \$128.00

Place: Danbury Ice Arena, 1 Independence Way

Whisconier After School

New ~ Dove®Real Beauty Workshop

"Give me your curves, your wrinkles, your natural beauty yearning to breathe free!" In today's society girls are bombarded on a daily basis with messages that tell them, "be thinner," "wear more make up," "cover up," "show some skin," be everything but your own natural, beautiful self. Simultaneously we tell them to be confident and be whatever they want to be. This workshop helps girls combat the forces that tell them they need to be anything other than what they are. It will imbue them with the skills they need to see their own true beauty and express confidence in every aspect of their lives. Open to girls in grades 5 – 12 (younger siblings welcome) along with a parent or other family member. Please pre-register by calling Parks & Rec at 775-7310. There is no charge for this event, however cash donations are accepted at the program to benefit a girls' charity.

Day: Wednesday

Time: 10:30 a.m. – 12:00 p.m.

Date: 12/30

Place: Town Hall Room 133

Instructor: Jaime Smith

New ~ Ice Skating Lessons at Danbury Ice Arena

Students in grades 5-8 will receive a skating lesson and have structured "free" time where they can practice their new skating skills through obstacle courses and games under the supervision of a Danbury Ice Arena Skating Instructor. Fee of \$99 include school bus transportation from WMS to Danbury Ice Arena, skate rentals and lessons. Students should meet on the wall in front of WMS at dismissal. Parent pick-up is at Danbury Ice Arena. Students should wear or bring warm clothes, socks, and gloves or mittens, and are welcome to bring money with them in order to purchase a snack.

Day: Tuesday Time: 2:40 – 4:30 p.m.
 Dates: 3/2 – 3/23 (4 wks) Fee: \$99.00
 Place: Danbury Ice Arena

New ~ Bowling for Grades 5 - 8

Each day features two games of bowling for students in grades 5 - 8. Bus transportation is provided from WMS to Brookfield Lanes by chartered school bus. Students should meet on the wall in front of WMS at dismissal where they will be greeted by our instructor. Parent pick-up is at Brookfield Lanes. Students are welcome to bring money with them in order to purchase a snack from the snack bar at Brookfield Lanes.

Day: Wednesday Time: 2:45 – 4:45 p.m.
 Dates: 3/3 – 3/24 (4 wks) Fee: \$67.00
 Instructor: Dave Miller Place: Brookfield Lanes

Cooking 101

This class will teach students in grades 5 through 8 how to cook everything from nutritious snacks to delicious meals and desserts. Cooking techniques, ingredient selection and substitutions, kitchen safety and balanced meal creation will all be covered in this hands-on class. Students will have the opportunity to taste their creations and take home the recipes. All materials are covered in the fee.

Day: Monday Time: 2:40 – 4:10 p.m.
 Session 1: 1/25, 2/1, 2/8, 2/22 (4 wks)
 Session 2: 3/8, 3/15, 3/22, 3/29 (4 wks)
 Fee: \$68.00 Instructor: Jen Tomaino
 Place: WMS Home Ec. Room

Drawing on Your Mind

Students in grades 5 - 8 will focus on the basics of drawing: line, shape, form, value, composition and perspective with Mark Gerber, a professional Illustrator and Brookfield resident (www.gerberstudio.com). Students will be shown how to observe, how to think about what they see, and how to translate that to paper. And along the way they'll have some fun creating drawings from those things that we see and some that we don't, from still life to monsters to cartoons. A few basic supplies will need to be provided by the student. Please ask for a materials list when registering. Students should bring a snack and a drink each week.

Day: Tuesday Time: 2:40 – 4:10 p.m.
 Dates: 1/19 – 3/9 (8 wks) Fee: \$75.00
 Instructor: Mark Gerber Place: WMS

Playwriting Adventure

Students in grades 5 and 6 will learn the basics of playwriting through a combination of improvisation and theater games. Participants explore and expand their imaginative powers, developing each other's dramatic ideas as well as their own in a safe, non-judgmental environment. A unique mix of acting, creative writing and confidence building. Some really fun homework required, too.

Day: Wednesday Time: 2:40 – 4:10 p.m.
 Dates: 1/27 – 3/3 (6 wks) Place: WMS Classroom
 Fee: \$68.00 Instructor: Jan Neuberger



Successful Study Skills for the Middle School Student

Good study skills and strategies can mean the difference between failure and success in school. These abilities become more and

more vital as workloads increase for students moving through middle and high school. In this one-day overview program students will be introduced to organizational and study strategies along with time management guidelines and test taking tips. Students will leave with several handouts to help them put these guidelines into action in the real world.

This is a limited small group session taught by an experienced teacher of Study Skills.

Day: Saturday Time: 10:00 a.m. – 12:00 p.m.
 Date: 1/23 Fee: \$35.00
 Place: Tutoring Club, 270 Federal Road



Basic Drawing and Watercolor

Students in grades 5 – 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be

successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.

Day: Monday Time: 2:40 – 4:10 p.m.
 Dates: 1/25 – 3/22 (8 wks)-no class 2/15
 Place: WMS Art Room Instructor: Victoria Lange
 Fee: \$85.00

New ~ Video Game Animation

Students in grades 5 – 8 will be using the software program 'Scratch' developed by MIT Media Institute to create animation, music videos, Pac-man like video games and more. Creations from this class along with a copy of this software will be sent home so they can continue to have fun!

Day: Thursday Time: 2:40 – 4:10 p.m.
 Dates: 1/21 – 2/25 (5 wks) – no class 2/11
 Instructor: Computer Explorers Place: Whisconier
 Fee: \$92.00



American Red Cross Babysitter's Training

American Red Cross Babysitter's Training gives 11-15 year olds the skills and

confidence they need to become great babysitters. This 6-hour class covers training in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification cards will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil.

Day: Thursday Date: 2/11
Time: 9:00 a.m. – 3:00 p.m. Fee: \$60.00

Place: Town Hall Meeting Room

Instructor: Peggy Boyle

New ~ Beginning Ballroom Ages 12 - 15

Look out "Dancing With the Stars!" Students age 12 – 15 now have the chance to learn basic steps and movements in ballroom and Latin dance, learning at least two dance styles during each class. Students should wear closed-toe leather soled shoes or ballroom dance shoes and long hair needs to be pulled back in a ponytail or bun. Sign up with a buddy to dance with or one will be assigned to you during class.

Day: Wednesday Time: 5:15 – 6:00 p.m.

Place: WMS Cafeteria Fee: \$65.00/person

Dates: 1/20 – 3/17 (8 wks)-no class 3/10

Instructor: Galina Andracchio

New ~ Teen Yoga

Chill out with your peeps in this hip, lively yoga class designed for pre-teen and teens. The class is set to upbeat music and offers a blend of physical challenge, stress relief, relaxation and fun. Yoga is an inspiring way to cultivate confidence and a positive body image and improve focus. No yoga experience is necessary. All levels welcome. Wear comfortable or stretchy clothing (no jeans).

Day: Monday Time: 4:45 – 5:45 p.m.

Dates: 1/25–3/1(6 wks) Fee: \$72.00

Place: YogaSpace, 777 Federal Rd., second floor

Instructor: Karen Pierce

New~ Danz-Fuze

If you like **Zumba**, then you will **love Danz-Fuze!** Although predominantly Latin in both dance style & music, Danz-Fuze also incorporates some additional styles of Rhythmic Dance & Music into its workout. There may be some Hip-Hop thrown in here... or a Belly Dance thrown in there... maybe even a piece from *Mama Mia* or another Broadway show! Whatever the genre, this fun, high-energy class is for *anyone* that likes to move to music! No prior dance experience necessary, but BEWARE... Danz-Fuze promises to get your hips shakin' & your face smilin'! Give it a try... you'll be happy you did!

Day: Wednesday Time: 3:30 – 4:30 p.m.

Dates: 1/20 – 3/10 (8 wks) Fee: \$80.00

Instructor: Terri Richman

Place: ANYTIME FITNESS Studio, 195 Federal Road

Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls in grades 2 through 8. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Wednesday and Friday (see below)

Time: Grades 2 – 4: 6:00 – 7:00 p.m. Fee: \$60.00

Grades 5 – 8: 7:15 – 8:30 p.m. Fee: \$65.00

Dates: 1/6, 1/8, 1/13, 1/15, 1/20, 1/27, 1/29, 2/3, 2/10, 2/17

Place: Huckleberry Hill Lower Gym

Instructor: Josh Levine



Golf Lessons for Juniors

These classes are intended to provide students ages 8 – 15 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before

and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

January (Tuesdays) – 1/5, 1/12, 1/19, 1/26

February (Thursdays) – 2/4, 2/11, 2/18, 2/25

March (Wednesdays) – 3/3, 3/10, 3/17, 3/24

Youth Employment Program

Pretty soon that snow is going to be piling up in your yard! You need a night out of the house, but have no one to watch your children! Our Youth Employment Program consists of young ladies and gentlemen that are looking to help you out, and make some money in the process. A list of services includes not only babysitting and shoveling, but raking, weeding, mowing, house and pet sitting, washing cars, household chores, and helping you clean out that garage or attic you keep saying you're going to get to. For a list of interested workers, and for students seeking employment, please contact Donna Korb at dkorb@brookfield.org, or call 775-7310.

College Planning 101: Introduction to Admissions

Your student is beginning the college planning process. But where do you start? PSAT first? Which test should follow, SAT or ACT?--And when? How do you choose schools? When do you visit? What about those endless applications and essays? This seminar gives you a road map to the process based on the experiences of seasoned admissions counselors. It is geared toward the families of current HS Juniors entering the process and sophomores who want a head start. Parent(s) and their student should attend.

Day: Wednesday Time: 7:00 – 9:00 p.m.
Date: 1/13 Fee: \$25.00/family
Place: Tutoring Club, 270 Federal Road
Instructors: Neil Adam- Academic Director, Admissions Councilor and Bill Gross, Director

New ~ Teen Yoga

Chill out with your peeps in this hip, lively yoga class designed for pre-teen and teens. The class is set to upbeat music and offers a blend of physical challenge, stress relief, relaxation and fun. Yoga is an inspiring way to cultivate confidence and a positive body image and improve focus. No yoga experience is necessary. All levels welcome. Wear comfortable or stretchy clothing (no jeans).

Day: Monday Time: 4:45 – 5:45 p.m.
Dates: 1/25–3/1(6 wks) Fee: \$72.00
Place: YogaSpace, 777 Federal Rd., second floor
Instructor: Karen Pierce

New ~ Dove® Real Beauty Workshop

"Give me your curves, your wrinkles, your natural beauty yearning to breathe free!" In today's society girls are bombarded on a daily basis with messages that tell them, "be thinner," "wear more make up," "cover up," "show some skin," be everything but your own natural, beautiful self. Simultaneously we tell them to be confident and be whatever they want to be. This workshop helps girls combat the forces that tell them they need to be anything other than what they are. It will imbue them with the skills they need to see their own true beauty and express confidence in every aspect of their lives. Open to girls in grades 5 – 12 (younger siblings welcome) along with a parent or other family member. Please pre-register by calling Parks & Rec at 775-7310. There is no charge for this event, however cash donations are accepted at the program to benefit a girls' charity.

Day: Wednesday Time: 10:30 a.m. – 12:00 p.m.
Date: 12/30 Place: Town Hall Room 133
Instructor: Jaime Smith



We are currently accepting applications for the following seasonal summer positions:

Lifeguard, Camp Counselor

The Town of Brookfield is an equal opportunity employer. Contact the Parks & Recreation

Office at 775-7310 for more information or to request an application. Applications are also available for download from our website.

Deadline for applications: 3/26/10

21st ANNUAL BUNNY BREAKFAST AND VENDOR FAIR

To Benefit the Brookfield Community and Offer Scholarships for Continuing Education

Sponsored by Newcomers and Neighbors Club of Brookfield

Bring the kids, visit with the bunny, and enjoy!!

Pancakes, Eggs, Sausage, Fruit

Juice, Coffee, Tea

Games and Activities for the Kids

Vendor Sale

Raffle and Bake Sale

Saturday, March 27th

8:30AM - 12:00 NOON

(Breakfast Served until 11:00 AM)

Brookfield High School Cafeteria

\$7.00 for adults and \$4.00 for children at the door
(purchase tickets in advance for discounted packages)
Call Ann Salinger 546-8698 for additional information

TBTA - The Brookfield Theatre for the Arts

invites you to Storytime with Santa!

Saturday, Dec. 12 & Sunday, Dec. 13 from 2:00 to 4:00 p.m.

Santa & Mrs. Claus are visiting TBTA to read a holiday story.

After storytime, join us for free cookies & cocoa! Children may also visit Santa & Mrs. Claus. (*bring your own camera or use ours for \$2.00*) Admission is FREE! To make this holiday season extra special, please bring a non-perishable food item for the Brookfield Food Bank. Reservations are suggested. 203-775-0023 www.BrookfieldTheatre.org



Brookfield Senior Center

"...a place where things happening!"

The Brookfield Senior Center seeks to improve the quality of life for Brookfield citizens age 60 and older through social, educational, physical, creative and intergenerational programs. The Senior Center is open for membership for all residents age 60 and older. There is no fee for membership to the Center. Come and Join In On The Fun!

Come and exercise, learn new skills, come for lunch, travel with us, take charge of your health, improve your social life, Sweetheart Bus transportation and MUCH MORE!

Call Brookfield Senior Center (203-775-5308) to find out more information about our programs or drop by to visit us anytime.

Youth Sports Spring Registration



Brookfield Soccer Club

Spring 2010 Registration

www.brookfieldsoccer.org

Registration for the Spring 2010 season is now open and can be done via BSC's **online registration** system on our website www.brookfieldsoccer.org.

Please check the website for more details to be posted in the coming weeks. For questions regarding registration, please send an e-mail to registrar@brookfieldsoccer.org

Brookfield Baseball and Softball Association

Spring 2010 Registration

<http://www.leaguelineup.com/brookfield>

Thursday, January 14 7:00 - 9:00 p.m. BHS Cafeteria

Thursday, January 21 7:00 - 9:00 p.m. BHS Cafeteria

Thursday, January 28 7:00- 9:00 p.m. BHS Cafeteria

BBSA Spring 2010 registration will be held in the cafeteria of Brookfield High School. Registration is open to Brookfield residents only. First time players must provide a copy of their birth certificate. Fee due at registration and will vary according to League. White baseball pants required and are available for purchase at registration.

Boys Baseball (Ages 5 - 19) Must turn 5 by 4/30/10.

Girls Softball (Ages 5 - 16) Must turn 5 by 12/31/09.

Any questions on the announcements please send a note to Steve Harding @ proff1960@aol.com

Brookfield Lacrosse Club Spring 2010 Registration

www.brookfieldlax.org

Registration for the Brookfield Lacrosse Club's spring 2010 season is open online at www.brookfieldlax.org now through Dec. 31. The Brookfield Lacrosse Club is open to players of all abilities; both new and experienced players are encouraged to register. A kindergarten clinic for boys and girls will be held once a week on Sundays, beginning in late March. Travel teams are available for boys and girls in grades 1-8. Indoor winter time is available for those in grades 3-8 for who register before Dec. 18. Fees and schedules vary by team. Visit www.brookfieldlax.org or call Kevin Madden, club president, at 203-775-4434, or Kim Donnelly, club vice president, at 775-2275, for more information.

From the Director

The Parks & Recreation Department feels fortunate to serve over 7,200 participants in a variety of capacities throughout each year and we remain firmly grounded with 43 years of service to this community. It really is a great community.

We have been, and will continue to be in the business of creating life-long memories and building a strong sense of community for our residents. We are the primary advocates for the maintenance and improvements of our existing parks, trails, school grounds, and Town owned properties. We employ over 200 seasonal employees annually who are making impressions on you and your families virtually every day in our own little community.

Community support remains the key to any well functioning Department of Parks and Recreation. Brookfield's adopt-a-site and gift giving programs, garden clubs, sports clubs, civic groups and volunteers are becoming even more vital to maintain and improve our existing facilities. We extend an invitation to town residents, businesses, and organizations to learn more about such programs and thank you for your continued support.

Our staffs of Recreators and Groundsmen continue to maximize the Department's limited resources by improving upon Brookfield recreational facilities and programs. On behalf of the Brookfield Parks & Recreation Department I would like to extend a **"Safe, Healthy and Happy Holiday Season to all of our residents."**

Dennis DiPinto, Director

Frequently Requested Phone Numbers

Boy Scouts	Ray Pflomm	775-8167
Brookfield Baseball & Softball	Field Hotline	775-5238
Brookfield Education Foundation (BEF)	Carol Does www.brookfieldeducationfoundation.org	775-8965
Brookfield for Youth Football & Cheer	Kyle Sanborn Field Hotline	775-0171 775-5241
Brookfield Lacrosse	Kevin Madden Field Hotline	775-4434 775-5240
Brookfield Soccer	Field Hotline	775-5239
The Brookfield Theatre for the Arts (TBTA)	http://www.brookfieldtheatre.org	775-0023
Candlewood Lake Authority	Larry Marciano	860-354-6928
CT DEP Boating Div.		860-434-8638
Conservation Commission	Alice Dew	740-2419
Garden Club	Jan Stanco	775-0357
Girl Scouts	Julie Blick blickjulie@charter.net	740-9015
Lion's Club	Joe Rocky	775-4340
MOMS Club® of Brookfield West	Christine Hand momsclubofbrookfieldwest@yahoo.com	546-8099
Brookfield Newcomers and Neighbors	www.brookfieldnewcomers.com P.O. Box 263	
Rotary Club	Russ Cornelius	775-8010
Senior Center	Ellen Melville Gail Pellis	775-5308
Women's Club of Brookfield	Betty Ziegler	775-2279
Youth Employment	Donna	775-7310

How to Register



By phone when paying by Visa, Master Card, or American Express. Call 775-7310 and press 3 to speak with a staff person. Registration by phone for all winter programs begins Wednesday, December 9.

By mail, complete the registration form below, and mail to the Parks & Recreation Dept along with your check or credit card information. Enclose a self-addressed stamped envelope if you would like a receipt. You may mail in your registration for winter programs at any time.

In person at the Brookfield Municipal Center, 100 Pocono Road. The Parks & Recreation Office is open Monday through Friday, 8:30 a.m.-4:30 p.m. When you enter the Town Hall, make a right, and we are the last office on the left. You may register in person for winter programs anytime during office hours.



REGISTRATIONS

- 1) Will be accepted in person, by mail, or over the phone on a first come, first served basis. Full payment must accompany registration.
- 2) If you would like a receipt from a mail-in registration, enclose a self-addressed, stamped envelope.
- 3) A \$25.00 charge will be assessed on any returned checks.
- 4) **Non-Brookfield residents will be accommodated beginning 2 weeks prior to the start of a program with payment of a \$5.00 surcharge.**

REFUND POLICY

- 1) Registrations may be canceled up to one week prior to a program's starting date.
- 2) No refunds will be given once a program has begun, unless a substitute can be found by this department, or there is a medical emergency.
- 3) Absolutely no refunds will be given for any unused portion of a program.
- 4) All refunds are subject to a 10% administrative surcharge.

PROGRAM CANCELLATION POLICY

Parks & Recreation reserves the right to cancel any program due to lack of participation. Approximately one week prior to the start date for each program, a definite decision will be made to cancel or run the program.

CLASS INFORMATION

The Brookfield Parks & Recreation Department follows the school schedule for many of our classes. Please check with the Office if you are unsure whether or not a class will meet.

In the event of inclement weather cancellations or early release from school, evening classes will also be canceled.